

PSHE

YEARS 3 AND 4

SPRING 1-RELATIONSHIPS

Lesson 1:Monday 11th January 2021

Learning Objectives:

- To know what makes a positive, healthy relationship, including friendships
- To know how to maintain good relationships

Learning Outcomes:

- Be able to identify different types of relationships
- Can explain what makes people special to them
- Knows how to resolve problems in a positive way



How do we choose our friends?

Task 1:

- Draw a picture of you and your friends in the middle of a page
- Think about why you particularly like your friends? Write your ideas around your picture.

Example:
They really
make me
laugh



Now repeat the task but
this time draw yourself in
the middle of another
page and write why you
think people like to be
your friend



What makes a good friendship?

Click on the link below to find out what ingredients we need for a good friendship:

<https://www.youtube.com/watch?v=H7w7yXkJTU0>



Showing how you care



Never let your friends
feel lonely...

...Disturb them all
the time.



I have been
making hot
water bottles
all week for
my daughter
because she
has felt
unwell.



Task 2:

Write 3 examples of ways you
have shown your loved ones,
family or friends, how you care
for them.

What to do when things go wrong!

Stay calm!
Sometimes it may be a good idea to let things calm down and try to talk later

Think before you speak! - don't say something you may regret



Accept you may not always agree and have the same ideas or beliefs

Respect each other's differences

Find a compromise that is fair to everyone!

Life is better
with friends :)



In a world where you
can be anything:
Be Kind
Enjoy the rest of your
day children

